

## FY2015 CHNA&HIP Progress Report

### Howard County

#### Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Increase the number of opportunities for families to spend time together in a positive, healthy learning environment. Offer and market five family oriented opportunities per year.	Apply for grant funding to support a Safari program that will encourage families to participate in a scavenger hunt	Grant was approved and the Safari program is now being offered.
	Sponsor a family movie at the Cresco Theatre and provide education and giveaways to attendees.	Movie night was held with a Disaster Preparedness theme, including giveaways.
	Sponsor Amanda the Panda, a program to help grieving families cope with the loss of a loved one.	The program was arranged, but was canceled due to inadequate sign-ups.
	Install exercise equipment on the Recreational Trail and market to the community.	The equipment is installed and is being used.
	Offer Wisdom and Wellness Program for families to provide well-being education.	This program has been offered annually and continues at this date.
	Support Summer Food Service Program for children up to age 18 to receive free breakfast and lunch.	This program has been offered annually and continues at this date.
	Allow employees to utilize new Regional Health Services of Howard County exercise equipment to encourage and establish healthy habits within their families.	Policies were written, training was given and the offer was also extended to volunteers of RSHSC.
	RSHSC Employee Appreciation will be a Family Fun Day at Pinter's Pumpkin Patch.	Completed.
	Howard-Winneshiek before school "walking club" sets goals for steps to walk in a day.	In place and ongoing.

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Reduce underage drinking (26% of 11th graders) and binge drinking (19% of 11th graders) in Howard County by a minimum of .5% annually with an overall goal of 3% in five years.	Meet regularly to determine how to raise awareness and educate students, parents, leaders and community members about substance abuse prevention opportunities	Prevention 5 group is meeting monthly as planned.
	Media campaigns will be implemented throughout the county to provide ongoing substance abuse prevention messages during the year. One topic will be the Social Host Ordinance proposal.	Campaigns have been completed and others ongoing. The Howard County Sheriff's department brought back the Drug Abuse Resistance Education (DARE) program in January 2015. Deputy Hollenbeck, DARE instructor, graduated 12 sixth grade students from a 10-week program. Prevention 5 met with county attorney and sheriff to discuss Social Host Ordinance. Yard signs are being used to education about Social Host Ordinance. An article in the 5/6/15 TPD quoted Helping Services staff and provided education about binge drinking, underage drinking and irresponsible alcohol use. Law Enforcement will step up their presence during graduation season.
	Provide a portable ID Scanner to be available for all community events that sell alcohol. The purpose of the scanner is to deter minors from purchasing alcohol at these events.	The ID Scanner was purchased and is kept at the Chamber office. The scanner has been used for several events.
	Collaborate to educate the community about Drug Take Away programs where prescription drugs may be turned in. This will help alleviate the hardships associated with finding a healthy way to dispose of medications, while promoting area resources already in place.	Education completed and ongoing. In fall of 2014, the DEA ceased the national drug take-away days, making local drop-offs even more important. A local pharmacy will accept medications other than controlled substances. The Sheriff's office will take medications, but has some roadblocks and is not actively advertising as a drop-off site.
	Promote an on-line training to area businesses who sell over the counter medications or prescription drugs. The training will educate merchants on commonly abused medications and best practices for policies and procedures related to medication sales.	Helping Services staff have visited convenience stores to share the training tool. The tool has also been added to the beverage server training. Staff will be visiting pharmacies to share the training tool.

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Improve awareness of and access to mental health services. Provide two new resources to aide in awareness of and access to services.	Create a consolidated resource list and distribute to all social and health services organizations in the county.	The information was compiled and posted on the Howard County Extension webpage: <a href="http://www.extension.iastate.edu/howard">www.extension.iastate.edu/howard</a> . It was shared at the Inter-Agency Meeting, where member organizations plan to distribute the resource to their clients. It was shared with the ministry association, the Extension Council and with leader committees and youth committees at the Extension Office.
	Provide one additional day of counseling services per week in Cresco, doubling the access to this community. Offer services at the school as well as Community Health Services.	Completed and ongoing. In addition, Regional Health Services began offering the services of a mental health provider at the Cresco Medical Clinic in February 2015.